



## CHAIR YOGA CLASS

**Tuesdays and Thursdays**

**9:30 – 10:30 a.m.**

Everyone is welcome to attend and participate – bring a friend!



**Partners in Primary Care Specialist & Wellness Center**

**1860 S. Seguin Avenue, Building D, New Braunfels, TX 78130**

**For more information, call 830-620-5626**